THE EPIC SPRING ACTIVITY PACK

Get cooking. Get making.
Get outside. Get adventuring.
Get EPIC!

TOP SECRET
CONTENTS

FUN ON THE RUN
Travel Bingo
Oscar and Hugo Dot-to-Dot
Epic Wordsearch
Fence Me In
The Alphabet Game

THE TASTES OF SPRING
No-Bake Energy Bites
Rubik’s Fruit
Banana Pops

CRAFT HOUR
Build a Windmill
Make a Butterfly Feeder
Make a Dream Catcher
Nature Colour Hunt

DRAWING GUIDE
How To Draw... Richard
How To Draw... Vampire Slugs
How To Draw... Whizzlygig
How To Draw... Sagweed
FUN ON THE RUN

A collection of awesome activities guaranteed to keep you busy on a long journey.
TRAVEL BINGO

If you see any of the things in the grid below while on your journey, cross them out. The aim is to complete the whole grid as fast as you can. Plus, for a few extra EPIC points, try and answer the questions at the bottom.

<table>
<thead>
<tr>
<th>Traffic Lights</th>
<th>Traffic Cone</th>
<th>Lorry</th>
<th>Tree</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bus or Coach</td>
<td>Bridge</td>
<td>Fence</td>
<td>Traffic Sign</td>
</tr>
<tr>
<td>Tunnel</td>
<td>Motorbike</td>
<td>Cow</td>
<td>Church</td>
</tr>
<tr>
<td>Horse</td>
<td>Pot Hole</td>
<td>Aeroplane</td>
<td>Fuel Pump</td>
</tr>
<tr>
<td>Dog in a Car</td>
<td>Clouds</td>
<td>Police Car</td>
<td>Bird</td>
</tr>
</tbody>
</table>

EXTRA EPIC #1: Can you spot a cloud that looks like a monster?

EXTRA EPIC #2: Have you seen a boat that looks like a pirate ship?

EXTRA EPIC #3: How many different animals have you seen?
EPIC FACT #1: When Hugo was born, Oscar was so jealous of his new brother, that he refused to bathe. He went without a wash for nearly a week - and you could smell it!
FIND THE WORDS

BOG TUBES  COBBLETON  DOOR
FRANKLIN DRIVE  JOURNEY  HUGO
 KINGDOM OF DAPHNE  MIND MILL  MR POTS
 OSCAR  PHUD AND GNUD  RICHARD
 SAGWEED  ADVENTURE  VILLI
 WHIZZYGIG  EXPLORE  QUEST
Players take it in turns to draw one horizontal or vertical line on the grid, joining two dots that are side-by-side. If the line you draw finishes off a square, you write your initials in the square and take another go.

The player with the most squares when the grid is full is the winner.

**NOTE**: You **MUST** draw a line each time it’s your turn - no skipping!
# The Alphabet Game

**How to Play:** Write down something on your journey that starts with each letter of the alphabet. Try to fill the whole grid up.

**Example:**
- A = Archway
- G = Garage
- T = Train
Hungry? Here are some super tasty treat ideas, perfect for when you’re winding down in the garden or making it through a road trip.

NOTE: Our recipes may not be suitable for children suffering from certain allergies and intolerances. Please check the ingredient list before making and serving.
NO-BAKE ENERGY BITES

1/2 Cup Ground Flax Seeds
1/2 Cup Chocolate Chips
1 Tsp Vanilla Extract
2/3 Cup Toasted Coconut Flakes
1/3 Cup Honey or Agave
1/2 Cup Peanut Butter
1 Cup Oats

Stir all of the ingredients together in a bowl until well mixed (use your hands if you like - it's WAY more fun!).

REFRIGERATE FOR 10 - 20 MINUTES

Shape the mixture into balls and store in the fridge in an air-tight container.

MIX IT UP:
Instead of chocolate chips, use butterscotch or cinnamon chips. Instead of peanut butter you could try almond butter.
**EPIC FACT #1:** A Rubik’s Cube has over 43 quintillion different possible configurations!

**EPIC FACT #2:** The world record for solving the Rubik’s Cube is 5.55 seconds.

**EPIC FACT #3:** Oscar can eat a Rubik’s Cube Fruit Stack in 4 mouthfuls!
**FROZEN BANANA POPS**

**Ingredients:**
- 2 Bananas
- 1 tbsp Sprinkles
- 4 Wooden Lolly Sticks
- 4 Strawberries
- 100g Natural Yogurt
- 200g Chocolate

**Instructions:**
1. Chop bananas into four equal chunks. Thread a strawberry onto a lolly stick, then push on a piece of banana. Freeze, uncovered for 1 hour.
2. Dip each banana pop into the yogurt (but avoid the strawberry). Then place on a baking tray and refreeze until set.
3. Melt the chocolate in the microwave. Dip the very end of the banana pop into the chocolate to create the three colour design.
4. Dip the chocolate end into your sprinkles. The chocolate should set instantly, so you can eat straight away, or you can refreeze for later.
CRAFT HOUR

If you’re feeling a little crafty we’ve got some awesome ideas for things that’ll get you thinking about nature and springtime.
Cut out a square of paper (the more colourful the better). Cut halfway down each corner to the middle.

Fold corners marked X to the middle and glue them down. The folds should curve and not lie flat.

Make a hole in the middle and push a straw through. Secure in place with poster tack.

Tape a paperclip to a second straw, then push the windmill straw through the paperclip.

Decorate

Cut a piece of cotton thread about the length of two straws. Stick a small lump (size of a pea) of poster tack to one end. This will act as a counterbalance.

Tape the thread to the windmill straw and wind the thread around it. Blow the side of the windmill and see how it works.

EPIC FACT #1: The strongest winds in the solar system are on Saturn where they reach speeds of over 1,100mph!
Make a hole in the bottom of the cup. Push a small cotton wool ball into the hole, so that half is inside the cup and half is poking out of the bottom.

Cut out petal shapes from colourful plastic bags and glue them to the bottom of the cup around the cotton wool. This will attract the butterfly’s attention - making them think they’ve found a flower.

Hang your feeder and watch as the butterflies enjoy a tasty refreshment.

EPIC FACT #1: Butterflies taste with their feet.

EPIC FACT #2: A group of butterflies is known as a flutter.

EPIC FACT #3: Many adult butterflies never poop - they use up all they eat for energy.
Wrap a hoop in a fabric of your choice. This could be ribbon, or strips cut from a larger piece. Use glue to secure to the hoop.

Using hemp or string, attach an end to the hoop. Around 6cm along loop the string around the hoop and knot again. Continue to do this until it looks like the above.

Start the pattern again from the middle of one of the string lengths to create another level of the pattern. Keep going with more layers until the centre is full.

Make your own dream catcher with ribbons, feathers, beads, and other bits and pieces to make it truly unique.

EPIC FACT #1: Explorers reported that the Ojibwa (Native American) people used dream catchers to protect children while they slept.

EPIC FACT #2: It is believed that, hung above your bed, a dream catcher will capture your bad dreams. The nightmares will disappear when the sun rises.
NATURE COLOUR HUNT

EPIC IDEA: Fill the coloured bricks with flowers, leaves and other items you can find in nature that share the same colour.
DRAWING GUIDE

Want to learn how to draw an EPIC character? Our easy-to-follow guides make it a piece of cake...
HOW TO DRAW A...
RICHARD

1

2

3

4

TRY IT FOR YOURSELF

EPIC IDEA: If you use pencils to colour in your Richard drawing, use short strokes to build up the fur texture.
HOW TO DRAW A... VAMPIRE SLUG

1. [Sketch of a basic shape]
2. [Add antennae and eyes]
3. [Outline the body and add mouth]
4. [Add details and shading]

EPIC IDEA: Make your slugs unique by altering the base shape you use. Maybe they will be taller, or wider or lumpier...
HOW TO DRAW A... WHIZZLYGIG

1.

2.

3.

4.

EPIC IDEA: Whizzlygigs come in all different colours. Pink Whizzlygigs are the workers. Blue Whizzlygigs are warriors. Purple Whizzlygigs are healers. And Orange Whizzlygigs are...?
HOW TO DRAW A... SAGWEED

1
2
3
4

EPIC IDEA: If you use pencils to colour in your Richard drawing, use short strokes to build up the fur texture.